

TRAVEL TIPS

Know your holiday destination better and travel carefree!!!

| WEATHER CONDITIONS | |
|------------------------------|--|
| Summer in J&K | 14° – 30°C (Pleasant with ample sunshine from May to June) |
| Winters in J&K | 6° – 20°C (Cold with chilly winds, intermittent rains, snowfall in major parts) |
| Please bring with you | <ul style="list-style-type: none">- Heavy Woollen Clothes, Windcheater, Sunglasses, Hats/Caps- Moisturising Creams / Lotions / Sunscreens / Lip Balms- Comfortable Walking Shoes, Ample Socks, Face Mask for Covid-19- Camera with sufficient batteries- Sufficient change of clothes and undergarments- Mosquito Repellents / Toilet Paper Rolls / Thermos Bottles |
| Important Information | If you visit areas with heavy snowfall, rent gumboots. Ask your guide or hotel staff for more information on renting gumboots |

| IDENTITY PROOF | |
|----------------------------------|---|
| Pearl's Wayfaring ID Card | You must at all times carry with you the ID Card provided by Pearl's Wayfaring. Important information like your name, contact details, Blood Group and Emergency Contact Details have been mentioned on the same. |
| Government ID Proof | You must at all times carry at least 2 Identity Proof issued by the Government. Such proofs may be required at hotel / resort during check-in process. |
| Recognised ID Proof | <ul style="list-style-type: none">- Driver's License / Pancard / Passport / Voter's ID Card / Aadhar |
| Important Information | Please keep a digital copy of your government Identity Proof on email or Whatsapp in case of loss or for emergency. |

| EMERGENCY CONTACT NUMBERS | | | |
|--|--------------------|-----------------------------------|--------------|
| Police | 100 | Ambulance/ Medical | 102/108 |
| District Control Room | 0194-2452092 | Fire Station | 101/132 |
| TOURIST INFORMATIONS OFFICES | | | |
| Srinagar | 9596098882 | Pahalgam | 01936-243224 |
| Gulmarg | 01954-254439 | Tangmarg | 01954-254436 |
| J&K Tourism Helpline | 95607-88884 | Tourist Reception Srinagar | 9596098882 |
| Emergency Contacts | | | |
| Pearl Dadachanji | 9769688414 | Sajid Baktoo | 9796716252 |
| Shazad Baktoo | 9906910508 | Office | 9137786318 |
| Always keep the above numbers handy. Please keep your immediate family number's ready for any cases of emergency | | | |

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| HEALTH / SAFETY PRECAUTIONS | |
|-----------------------------------|---|
| Please Avoid | - Roadside Food / Very small restaurants |
| | - Tap Water / Sherbets, drinks from roadside stalls |
| | - Any food / water / items offered by strangers |
| | - Extremely Oily / Spicy / Pungent Foods |
| | |
| Please Inform Tour Manager | - If you are facing upset stomach / Stomach Aches etc |
| | - If you are feeling uneasy / nauseous / dizzy etc |
| | - If you suffer from motion-sickness |
| | - If you suffer from Vertigo or are afraid of heights |
| | - If you suffer from any respiratory disorders |
| | - If you suffer from high or low blood pressure |
| | - If you suffer from epilepsy |
| | - If you suffer from any allergies (Pollen /Food /Milk /Dust etc) |
| | |
| Please do not | - Over Eat / Under Eat. |
| | - Self-medicate. |
| | - Try any local medications involving trees /leaves/ oils etc. |
| | - Keep things to yourself. |
| | - Get Drunk |
| | - Venture out alone or closed groups late in the night |
| | - Do not wear or carry valuables, expensive equipment. |

| MEDICINES / PERSONAL HYGIENE | |
|------------------------------|--|
| Please keep with you | - Personal Medications (if any used – with prescriptions) |
| | - Crocin / Electrol / Eno / Band aid / Thermometer |
| | - Hand Sanitizer / Disinfectants / Cotton / Toilet Paper Rolls |
| | - Non-drowsy Cough Syrups / Anti-Allergens |
| | - Elasto crepe Bands / Reli Spray / Pain relievers |

| PHOTOGRAPHY / EQUIPMENTS | |
|--------------------------|--|
| | - Some monuments and buildings may require prior permissions for photography. Please have them in place before attempting to click any pictures. |
| | - Camera / Photography Fees may apply in certain places. Such fees are not included in your travel plan. You will have to pay these as per actuals. |
| | - Please ask for permission before taking pictures of the locals. If they are not comfortable, please do not take pictures. |
| | - Do not keep your cameras / mobile phones / Valuables etc. unattended or in care of strangers. Be careful especially in crowded places, religious congregations, etc. |

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RESPECT THE LOCAL CULTURE

Local People: Local people In Jammu & Kashmir are a calm and closely knit community. They are welcoming of tourists. However, we humbly request you to

- Maintain a suitable distance from unknown locals like tourist guides, taxi drivers, porters etc.
- Please be courteous and polite when asking for directions or assistance.
- Please do not click your hands or whistle at anyone to get their attention. It is considered rude to do so.
- "Please" and "Thank you" will get you a long way and will help the locals remember you in a pleasant way!!

Religious Sentiments: Jammu & Kashmir is a society of mixed cultures and very tolerant to various religions. Many local mountainous tribes also live here. Please respect everyone's religious sentiments.

- Do not spit / urinate / defecate / dispose sanitary napkins (for women only) on stones or unknown places. They may be of special value to some locals.
- Some places may require you to remove your shoes and / or cover your head. Please do so.
- Please do not get into an argument over religion, culture, and politics with locals. These topics are best avoided when on a holiday.

Cultural Sentiments: Please respect the cultural sentiments of the locals.

- Both men and women need to be modestly dressed. Please avoid carrying any bold messages (Socialist / Communist Messages / Bold Hand Gestures etc.) on your T-Shirts etc.
- Please do not get too friendly with the local women. It may not be taken too well in closely knit conservative communities.
- Please avoid using any newly learned local slang words with the locals. They may not take it well.